



Vegetarian Lunch

JANUARY 2019

<p>7 Veggie Bean Patty Rice Green Beans Fruit Milk</p>	<p>8 Veggie Meatball Sub Baked Beans Fruit Milk</p>	<p>9 Caesar Salad Wrap Carrots Fruit Milk</p>	<p>10 Inside Out Veggie Tacos (Taco Chips on the Side) Corn Fruit Milk</p>	<p>11 Cheese Pizza California Medley Potato Wedges Fruit Milk</p>
<p>14 Veggie Hot Dog on WG Roll Baked Beans Fruit Milk</p>	<p>15 Macaroni & Cheese Peas Fruit Milk</p>	<p>16 Oven Fried Veggie Patty Sweet Potato Fries Whole Grain Roll Fruit Milk</p>	<p>17 Sloppy Joe Veg Patty Whole Grain Bun Green Beans Fruit Milk</p>	<p>18 General Tso's Veggie Chicken Rice Stir Fried Veggies Fruit Milk</p>
<p>21  Martin Luther King Day</p>	<p>22 Veggie Chicken & Waffles Sweet Potato Puffs Fruit Milk</p>	<p>23 Veggie Patty on WG Bun Potato Wedges Fruit Milk</p>	<p>24 Jamaican Style Veggie Burrito Broccoli Fruit Milk</p>	<p>25 Pizza Sticks Italian Beans & Zucchini Fruit Milk</p>
<p>28 Orange Chicken Brown Rice Broccoli Milk</p>	<p>29 WG Ziti w/Veggie Meatballs Green Beans Whole Grain Roll Milk</p>	<p>30 Oven Baked Veggie Bites Potato Wedges Whole Grain Roll Milk</p>	<p>31 Pancakes w/Syrup Veggie Breakfast Sausage Sweet Potato Bites Milk</p>	<p>FOOD SERVICE PROVIDED BY:  Essence of Thyme and Cravings</p>

* All Meals include Choice of 1% * Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!

