


# VEGETARIAN ENTRÉES

# JANUARY 2020

# GRADES 6-12

MON	TUE	WED	THUR	FRI
<p>6</p> <p>General Tso's Veggie Bites</p> <p>Brown Rice</p> <p>Broccoli</p> <p>Fruit</p> <p>Milk</p>	<p>7</p> <p>Veggie Sloppy Joe on WG Bun</p> <p>Sweet Potato Tots</p> <p>Fruit</p> <p>Milk</p>	<p>8</p> <p>Veggie Parmesan on WG Bun</p> <p>Baked Beans</p> <p>Apple Slices</p> <p>Milk</p>	<p>9</p> <p>Ziti &amp; Veggie Meatballs</p> <p>Green Beans</p> <p>Fruit</p> <p>Milk</p>	<p>10</p> <p>Double Stuffed Pizza</p> <p>Potato Wedges</p> <p>California Medley</p> <p>Fruit</p> <p>Milk</p>
<p>13</p> <p>Veggie-burger on WG Bun</p> <p>Baked Beans</p> <p>Fruit</p> <p>Milk</p>	<p>14</p> <p>Inside Out Veggie Tacos (Taco Chips on the Side)</p> <p>Green Beans</p> <p>Fruit</p> <p>Milk</p>	<p>15</p> <p>Bean Tamale Pie</p> <p>Corn</p> <p>Fruit</p> <p>Milk</p>	<p>16</p> <p>Veggie American Chop Suey</p> <p>Carrots</p> <p>Whole Grain Roll</p> <p>Fruit</p> <p>Milk</p>	<p>17</p> <p>Stir Fry Veggie Strips</p> <p>Brown Rice</p> <p>Vegetable Medley</p> <p>Fruit</p> <p>Milk</p>
	<p>21</p> <p>Kati Kati Veggie Strips</p> <p>Brown Rice</p> <p>Corn</p> <p>Fruit</p> <p>Milk</p>	<p>22</p> <p>Veggie Nachos</p> <p>Green Beans</p> <p>Fruit</p> <p>Milk</p>	<p>23</p> <p>Veggie Patty</p> <p>Broccoli</p> <p>Whole Grain Roll</p> <p>Fruit</p> <p>Milk</p>	<p>24</p> <p>Cheese Tortellini</p> <p>Carrots</p> <p>Fruit</p> <p>Milk</p>
<p>27</p> <p>Veggie Hot Dog on WG Bun</p> <p>Baked Beans</p> <p>Fruit</p> <p>Milk</p>	<p>28</p> <p>Veggie Curry Casserole</p> <p>Green Beans</p> <p>Fruit</p> <p>Milk</p>	<p>29</p> <p>Veggie Meatball Sub</p> <p>Potato Wedges</p> <p>Fruit</p> <p>Milk</p>	<p>30</p> <p>Stuffed Shells</p> <p>Broccoli</p> <p>Fruit</p> <p>Milk</p>	<p>31</p> <p>Double Stuffed Pizza</p> <p>Sweet Potato Puffs</p> <p>Fruit</p> <p>Milk</p>