

LUNCH	NOVEMBER 2019				GRADES 9-12
MON	TUE	WED	THUR	FRI	
				1 Oven Fried Chicken Drumstick Green Beans Whole Grain Roll Fruit Juice Milk	
4 General Tso's Chicken Brown Rice Broccoli Fruit Juice Milk	5 Chicken Caesar Wrap Baby Carrots Fruit Juice Milk	6 Chicken Parmesan on WG Bun Baked Beans Fruit Juice Milk	7 Ziti & Meatballs Green Beans Fruit Juice Milk	8 Double Stuffed Pizza California Medley Potato Wedges Fruit Juice Milk	
11 VETERAN'S DAY NO SCHOOL	12 Beef & Bean Tamale Pie Corn Fruit Juice Milk	13 Inside Out Chicken Tacos (Taco Chips on the Side) Green Beans Fruit Juice Milk	14 Honey Lime Chicken Coconut Rice Black Beans Fruit Juice Milk	15 Stir Fry Beef Brown Rice Vegetable Medley Fruit Juice Milk	
18 Hamburger on WG Bun Baked Beans Fruit Juice Milk	19 Kati Kati Chicken Brown Rice Corn Fruit Juice Milk	20 Beef Nachos Green Beans Fruit Juice Milk	21 Oven Baked Chicken Broccoli Whole Grain Roll Fruit Juice Milk	22 Cheese Tortellini Carrots Fruit Juice Milk	
25 Oven Fried Chicken Drumstick Corn Fruit Juice Milk	26 Chicken Curry Casserole Carrots Fruit Juice Milk	27 EARLY RELEASE NO LUNCH	28 THANKSGIVING DAY	29 NO SCHOOL	
*ALL MENUS ARE SUBJECT TO CHANGE					*Complies with NSLP & SBP Regulations