

VEGETARIAN MENU

MEAL ORDER FORM

NOVEMBER 2017

LAST NAME:	GRADE:	LUNCHROOM:
FIRST NAME:		
ADVISOR:		

I WOULD LIKE TO SIGN UP FOR NOVEMBER BREAKFAST: YES NO	DEADLINE TO ORDER: OCTOBER 30th	I WOULD LIKE TO SIGN UP FOR NOVEMBER VEGETARIAN LUNCH: YES NO
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<p><i>Cut here and turn in top portion if you want to keep the menu</i></p>	<p>Which lunch is your favorite?</p>
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BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 3.6 oz. WG Blueberry Muffin Fruit, OJ, Milk	2 WG Bagel Fruit, OJ, Milk	3 3.6 oz. WG Chocolate Chip Muffin Fruit, OJ, Milk
6 Frosted Flakes WG Crackers Fruit, Juice, Milk	7 2 oz. Cereal Fruit, Juice, Milk	8 3.6 oz. WG Blueberry Muffin Fruit, OJ, Milk	9 3.6 oz. WG Chocolate Muffin Fruit, OJ, Milk	10 NO SCHOOL
13 Graham Crackers Cereal Fruit, OJ, Milk	14 3.6 oz. WG Banana Muffin Fruit, OJ, Milk	15 3.6 oz. WG Chocolate Chip Fruit, OJ, Milk	16 WG Cinnamon Roll Fruit, Juice, Milk	17 WG Bagel Fruit, OJ, Milk
20 Cheerios Graham Crackers Fruit, OJ, Milk	21 2 oz. Cereal Fruit, OJ, Milk	22 3.6 oz. WG Apple Muffin Fruit, OJ, Milk	23 NO SCHOOL	24 NO SCHOOL
27 Cereal Graham Crackers Fruit, OJ, Milk	28 WG Croissant w/Jelly Fruit, Juice, Milk	29 3.6 oz. WG Blueberry Muffin Fruit, OJ, Milk	30 WG Apple Roll Fruit, OJ, Milk	

LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1 style="margin: 0;">VEGETARIAN MENU </h1>		1 Veggie Beef Patty Brown Rice Green Beans Orange Milk	2 Pancakes w/Syrup Soy Breakfast Sausage Potato Wedges Baked Apple Slices Milk	3 Soy Hot Dog on WG Bun Baked Beans Fruit Milk
6 Veggie Chicken Teriyaki Brown Rice Green Beans Fruit, Milk	7 Veggie Patty on WG Bun Baked Beans Fruit Milk	8 Caesar Salad w/Cheese WG Wrap, Baby Carrots Fruit Milk	9 BBQ Veggie Patty on WG Bun Broccoli & Corn Fruit Milk	10 NO SCHOOL
13 Veg Meatballs on WG Sub Baked Beans Orange Milk	14 Cheese WG Quesadilla Broccoli Fruit Milk	15 Veggie Sloppy Joe on WG Bun Carrots Fruit Milk	16 Veg Parmesan on WG Roll Corn Fruit Milk	17 Buffalo Mac & Cheese Green Beans Fruit Milk
20 Oven Baked Veggie Bites Potato Wedges Whole Grain Roll Fruit Milk	21 Veggie Beef Patty Brown Rice Green Beans Tangerine Milk	22 EARLY RELEASE	23 NO SCHOOL	24 NO SCHOOL
27 Sweet & Sour Veggie Bites Brown Rice Broccoli Orange	28 Stuffed Shells Carrots Whole Grain Roll Fruit	29 Caesar Salad w/Cheese WG Wrap, Chickpea Salad Fruit Milk	30 Ziti w/Veggie Meatballs Green Beans Whole Grain Roll Fruit	

**If your child has any medically documented allergy, please inform the school nurse immediately. Thank you.*

ALL MENUS ARE SUBJECT TO CHANGE	<i>*Complies with NSLP and SBP Regulations for reimbursable meals.</i>
*All Meals include 1% Milk or Skim Milk	

LATE ORDERS DELAY YOUR MEALS ONE FULL WEEK