

VEGETARIAN LUNCH	OCTOBER 2018				CCSC
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 Veggie Chicken Parmesan on WG Roll Potato Wedges Fruit Milk	2 Veggie Patty on WG Roll Broccoli & Carrots Fruit Milk	3 Veggie Beef Patty Rice Green Beans Fruit Milk	4 Corn Veggie Dog Baked Beans Fruit Milk	5 <i>EARLY DISMISSAL</i>	
8 INDIGENOUS PEOPLES' DAY NO SCHOOL	9 Veggie Meatball Sub Baked Beans Fruit Milk	10 Caesar Salad Wrap w/Cheese Carrots Fruit Milk	11 Inside Out Bean Tacos (Taco Chips on the Side) Corn Fruit Milk	12 Cheese Pizza California Medley Potato Wedges Fruit Milk	
15 Veggie Hot Dog on WG Roll Baked Beans Fruit Milk	16 Macaroni & Cheese Peas Fruit Milk	17 Veggie Chicken Bites Sweet Potato Fries Whole Grain Roll Fruit Milk	18 Veggie Beef Patty Brown Rice Green Beans Fruit Milk	19 General Tso's Chicken Veg Rice Stir Fried Veggies Fruit Milk	
22 Veggie Chicken & Waffles Potato Wedges Fruit Milk	23 Southern Style BBQ Veggie Patty WG Bun Baked Beans Fruit Milk	24 Pancakes w/Syrup Turkey Breakfast Sausage Sweet Potato Bites Fruit Milk	25 Jamaican Style Veggie Burrito Broccoli Fruit Milk	26 Pizza Sticks Green Beans & Potatoes Fruit Milk	
29 Orange Veggie Bites Brown Rice Broccoli Fruit Milk	30 WG Ziti & Veggie Meatballs Carrots Whole Grain Roll Fruit Milk	31 Oven Baked Veggie Bites Potato Wedges Whole Grain Roll Fruit Milk			